



## Well Child Check: 3 year visit questionnaire

**Interval History:**

Has your child had any major illnesses, ER or Urgent Care trips since  
your last appointment in the office? No    Yes

Has your child had any reactions to vaccinations in the past? No    Yes

**Development:**

Can your child kick a ball? Jump off the ground? Yes    No

Can your child pedal a tricycle? Yes    No    Unsure

Does your child speak in sentences (3 words or more)? Yes    No

Does your child use plurals (cars, balls, etc)? Yes    No

Does your child understand concepts such as cold, tired, hungry? Yes    No

Is your child's speech at least 50% understandable to most people? Yes    No

Does your child know his/her name, age and gender? Yes    No

Does your child start to say the ABC's? Yes    No

Does your child identify several colors? Yes    No

Can your child help with getting him/herself dressed, brushing teeth? Yes    No

Does your child alternate feet when walking up the stairs? Yes    No

Can your child copy a circle and a cross (+)? Yes    No

Is your child potty trained? Yes    No

Do you and your child read together daily? Yes    No

Do you have concerns about how your child sees? No    Yes

Do you have concerns about how your child hears? No    Yes

Do you have concerns about how your child speaks? No    Yes

**Dental Health:**

Do you help your child brush and floss his/her teeth daily? Yes    No

Does your child have a dentist? Yes    No

Does your child's primary water source contain fluoride? Yes    No    Unsure

If no, do you give your child a fluoride supplement? Yes    No    N/A

**Staying Healthy/Safety/Tobacco Exposure:**

Does your child watch TV/play video games or use a tablet or  
smart phone more than 2 hours per day? No    Yes

Does your home have a working smoke detector?	Yes	No	
Have you turned your water temperature down to low-warm (less than 120 degrees)?	Yes	No	N/A
If your home has more than one floor, do you have safety guards on the windows?	Yes	No	N/A
Does your home have cleaning supplies/medicines/matches locked away?	Yes	No	
Does your home have the number of the Poison Control Center (800-222-1222) posted by your phone?	Yes	No	
Do you always stay with your child when she/he is in the bathtub?	Yes	No	
Do you and your child spend time near water (pool, river or lake)?	No	Yes	
If so, is your child always safely supervised?	Yes	No	N/A
Do you use sunscreen when your child is outdoors?	Yes	No	
Do you always place your child in a car seat in the back seat?	Yes	No	
Is your car seat the right one for the age and size of your child?	Yes	No	
Do you always check for children before backing your car out?	Yes	No	
Does your child spend time in a home where a gun is kept?	No	Yes	Skip
If so, are all guns safely stored in a gun safe or locked with ammunition separate from gun?	Yes	No	N/A
Does your child wear a helmet when riding a tricycle, bike or scooter?	Yes	No	N/A
Has your child ever witnessed or been a victim of abuse or violence?	No	Yes	
Does your child spend time with anyone who smokes?	No	Yes	

**Risk Assessment for Lead Exposure:**

Does your child live in or regularly visit a house or child care facility built before 1950?	No	Yes	
Does your child live in or regularly visit a house or child care facility built before 1978 that is being or has recently been renovated or remodeled (within the last 6 months)?	No	Yes	
Does your child have a sibling or playmate who has or did have lead poisoning?	No	Yes	
Does your child take any imported remedies or supplements?	No	Yes	

**Tuberculosis Screening:**

- Was your child born in a country with an elevated TB rate? No    Yes  
 This includes all countries *other than* the United States, Canada, Australia, New Zealand, or countries in western or northern Europe.
- Has your child visited or lived in a country with an elevated TB rate *for one month or more*? (Countries other than those listed above) No    Yes
- Has your child had contact with someone (including family member, childcare provider, or other caretaker) with known TB infection, or who has been treated for TB infection? No    Yes    Unsure
- Is your child immunosuppressed (currently or planned)? No    Yes  
 This includes HIV infection, organ transplant recipient, other immune system problems, or treatment with immunosuppressive medications.

**Sleep:**

- How many hours does your child sleep at night? \_\_\_\_\_hours
- How many hours does your child nap throughout the day? \_\_\_\_\_hours

**Nutrition/Physical Activity:**

- What type of milk do you give your child? (circle one)    [Whole]    [2% ]    [Nonfat]    [Other]
- How many ounces of milk does your child drink per day? \_\_\_\_\_oz
- How much juice does your child drink in 24 hours? \_\_\_\_\_oz
- Is your child eating fruits and vegetables at least two times per day? Yes    No
- Does your child drink or eat 3 servings of calcium-rich foods daily, such as milk, soy milk, cheese, yogurt, or tofu? Yes    No
- Does your child eat junk foods such as chips, fries, ice cream or fast food more than twice per week? No    Yes
- Does your child drink soda, sports drinks, energy drinks or other sweetened drinks more than once per week? No    Yes
- Does your child eat iron rich foods (such as meat, eggs, iron-fortified cereals or beans)? Yes    No
- Do you have trouble affording to buy food for your family? No    Yes
- Does your child play actively most days of the week? Yes    No
- Do you have any concerns about your child's weight or feeding? No    Yes

**Elimination:**

- Does your child have bowel movements on a regular basis with a normal (soft) consistency? Yes    No

Please list any medications or supplements your child is taking: \_\_\_\_\_

\_\_\_\_\_

Who lives in the home with your child? \_\_\_\_\_

Who provides daytime care for your child? \_\_\_\_\_

Please list any new major family medical issues: \_\_\_\_\_

\_\_\_\_\_

Please list any known allergies to medicines: \_\_\_\_\_

Please list any known food allergies: \_\_\_\_\_

Do you have any concerns about your child's development, or any other concern you would like to discuss with your provider?

\_\_\_\_\_

**Parent or Guardian Signature:** \_\_\_\_\_

Date: \_\_\_\_\_

<i><b>Clinic Use Only</b></i>	Counseled	Referred	Anticipatory Guidance	Follow-up Ordered	Comments:
<input type="checkbox"/> Nutrition	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<div style="border: 2px solid black; padding: 5px; display: inline-block;"> <input type="checkbox"/> <b>Patient Declined the SHA</b> </div>
<input type="checkbox"/> Safety	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Tobacco Exposure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Physical Activity	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
<input type="checkbox"/> Dental Health	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
PCP's Signature		Print Name:		Date:	