



Circumcision – After-Care for *the Plastibell Method*

Here are instructions for how to care for your son now that he has been circumcised.

- Don't worry if a moist, yellow coating (granulation tissue) develops over the glans (head) of the penis. It can look a little like a skinned knee while it is healing. It may also appear somewhat swollen. The Plastibell ring will fall off by itself. When this happens can vary from 1 to 8 days. Call us if it hasn't fallen off after 8 days.
- Every time you change the diaper for the next 5-7 days, or until the Plastibell falls off and all the granulation tissue is gone, place petroleum jelly (Vaseline) over the glans (head) of the penis and on the front of the diaper. This will prevent the diaper from sticking to the wound as it heals.
- Only sponge bathe your son for the next week.
- Clean the diaper area gently with warm water. We suggest using diaper wipes only for his buttocks, but for his penis use a wash cloth or dry wipes (like the ones they have in the hospital) for about the next week.

It's possible that your son may be fussy for a few hours after the procedure. Acetaminophen (Tylenol) may help, but if you need to give this more than twice, please call us. Here is the dosage, depending on which infant acetaminophen you have:

- "Infant's Acetaminophen Oral Suspension" (160 mg / 5 ml). Dose: 1.25 ml every 4-6 hours. This is the *newer* version. It comes with a measuring syringe, not a dropper.
- "Infant's Acetaminophen Concentrated Drops" (80 mg / 0.8 ml). Dose: 0.4 ml every 4-6 hours. This is the *older* version, soon to be discontinued. It comes with a dropper.

If you have questions about the dosage, please call us.

Call us if:

- He develops a fever of 100.4 degrees or more.
- You see any active bleeding (drip, drip), or if spotting of blood on the diaper gets heavier rather than less and less.
- Your child won't feed over two anticipated feeding times.
- Your child continues to be irritable beyond the first 24 hrs. after the procedure.
- The Plastibell ring slips down the shaft and seems to be squeezing it.
- The Plastibell has not fallen off by 7-10 days.
- You have ANY questions.