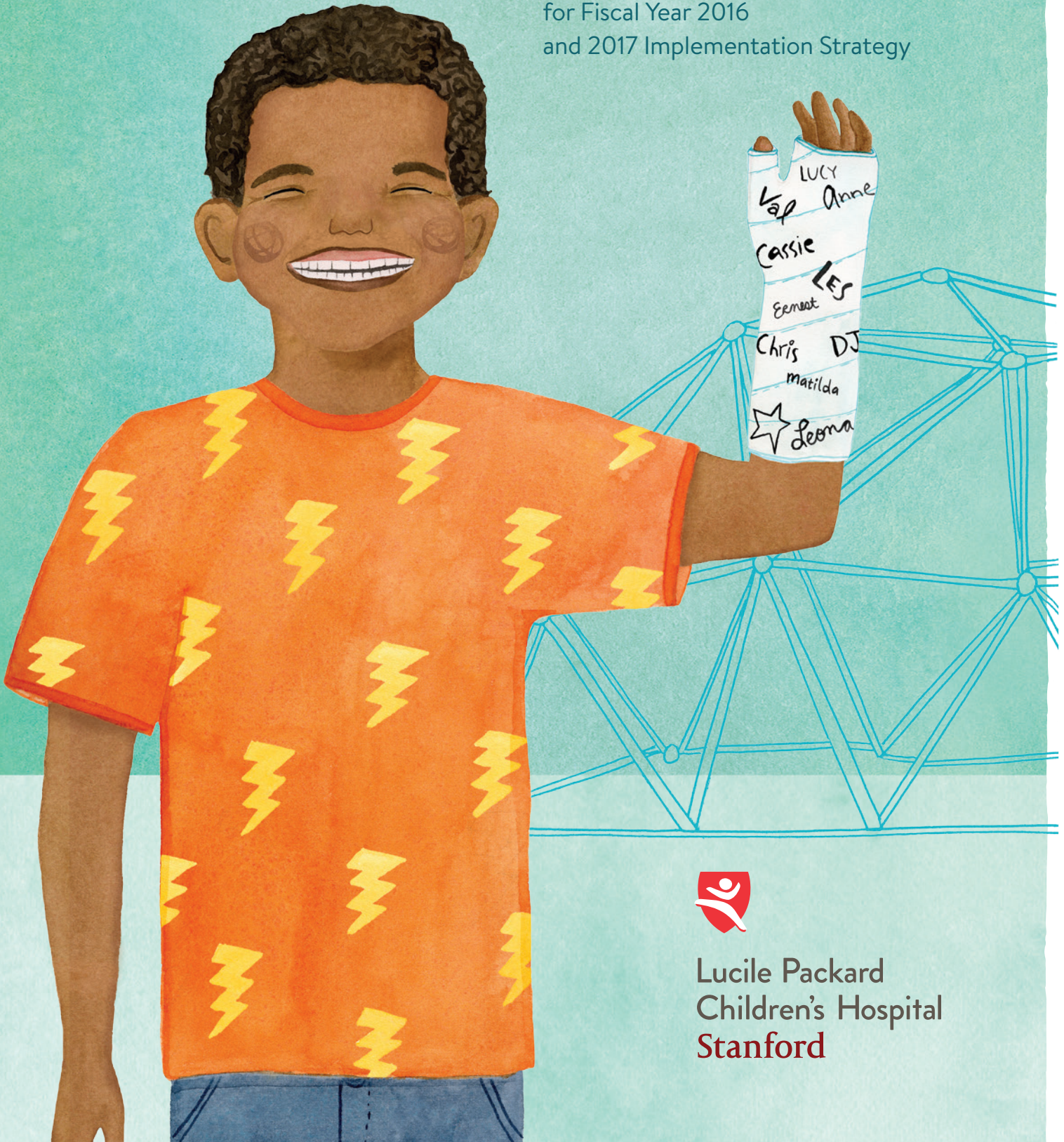


Community Benefit Report

for Fiscal Year 2016
and 2017 Implementation Strategy



Lucile Packard
Children's Hospital
Stanford

Welcome: A Letter from our president and CEO



Lucile Packard Children's Hospital Stanford began with one mom's vision. Her dream was simple: to nurture both the body and soul of every child. She believed in treating kids like kids—not just like patients. And she believed that caring for a child meant involving the whole family. Today, we are proud to continue that tradition—community wide.

Our commitment to providing extraordinary care for kids and pregnant moms extends not just to our patients, but to the entire community. Our annual Community Benefit Report highlights our efforts over the past year to ensure a happier, healthier community for children and their families.

In fiscal year 2015–2016, our Community Benefit work centered on three Community Health Improvement Initiatives:

1. Improving access to primary health care services for children, teens and pregnant moms
2. Preventing and treating pediatric obesity
3. Improving the social, emotional and mental health of children and youth

We are proud of the work we, with our partners, have accomplished over the past year and we are committed to responding to changes in the health landscape of the community as we continue that work. That's why every three years we set out to gain a deep understanding of the most critical needs present in our growing and diverse community through our Community Health Needs Assessment (CHNA).

Our most recent CHNA was conducted in 2016 and informs our work for the coming three years. We believe, and the data show, that the issues we set out to help address in 2013 warrant further attention. For that reason, we have chosen to continue and deepen our commitment to addressing these issues. We plan to do that by continuing to expand our community investments while leveraging resources to maximize our impact.

In 2016, we invested \$205,976,218 in Community Benefit services and activities which includes our Medi-Cal shortfall of over \$185 million. We are committed to continuing meaningful Community Benefit programs, services and partnerships so that we all can live in a healthier, happy community.

Thank you.

A handwritten signature in black ink, appearing to read 'Chris Dawes', written over a thin horizontal line.

Christopher G. Dawes
President and CEO

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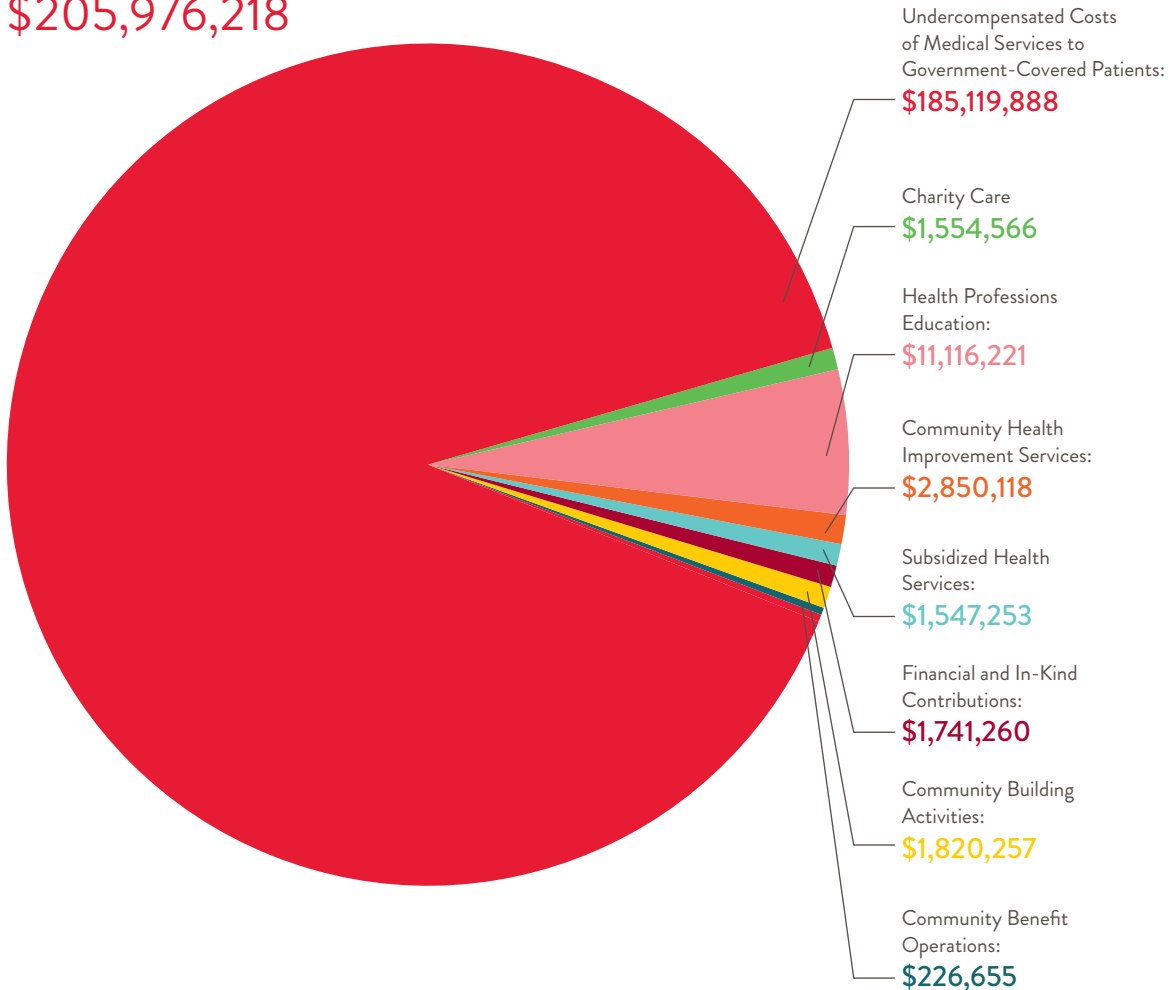
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In 2016, Lucile Packard Children's Hospital Stanford invested

\$205,976,218

in Community Benefit services and activities to improve the health status of infants, children, adolescents and pregnant women.

Total net value of quantifiable benefits provided to the community:
\$205,976,218



Here is the breakdown of our \$205,976,218 investment:

Financial Assistance and Charity Care: \$186,674,454

- Financial assistance includes undercompensated costs of medical services for patients enrolled in Medi-Cal, out-of-state Medicaid and other means-tested government programs (Healthy Kids, CCS, CHDP, etc.): **\$185,119,888**
- Charity care: **\$1,554,566**

Health Professions Education: \$11,116,221

- Resident physicians, fellows, medical student education costs (excludes federal Children's Hospitals Graduate Medical Education [CHGME] reimbursement)
- Nurse and allied health professions training
- Funding for pediatric resident community projects
- Perinatal outreach and consultation services

Community Health Improvement Services: \$2,850,118

- Adolescent Mental Wellness Conference
- Child and Family Life programs
- Child safety programs
- Care-A-Van for Kids
- Community health education programs
- Hospital Educational Advocacy Liaisons (HEAL) program
- Mental Health Dissemination and Innovation Initiative
- Mobile Adolescent Health Services
- Pediatric Weight Control Program
- Project Safety Net and HEARD Alliance

Subsidized Health Services: \$1,547,253

- Charity dental support
- Services that increase access for patients
- Suspected Child Abuse and Neglect (SCAN) program

Financial and In-Kind Contributions: \$1,741,260

- Community clinic capacity building and support
- Community Health Improvement grants
- Event sponsorships for nonprofit organizations

Community Building Activities: \$1,820,257

- Advocacy for children's health issues
- Economic development, regional advocacy and service club activities
- Nonprofit sponsorship support
- Support for community emergency management
- Workforce development

Community Benefit Operations: \$226,655

- Community Health Needs Assessment (CHNA) costs
- Dedicated Community Benefit staff
- Reporting and compliance costs
- Training and staff development



About Us

From our roots as a free-standing children's hospital to our growing network of primary and specialty care locations, Stanford Children's Health and our affiliated organizations all share a commitment to improving the health of our community.

Our Hospital



Opened in 1991, Lucile Packard Children's Hospital Stanford is the heart and soul of Stanford Children's Health. Nationally ranked and internationally recognized, our 302-bed hospital is devoted entirely to pediatrics and obstetrics. Our six centers of excellence provide comprehensive services and extensive expertise in key obstetric and pediatric areas: brain and behavior, cancer, heart, pregnancy and newborn, pulmonary and transplant. We also provide an additional wide range of multidisciplinary services for babies, children, adolescents and pregnant women.

Our Network



Stanford Children's Health is the only network in the area, and one of the few in the country, exclusively dedicated to pediatric and obstetric care. Our doctors and facilities bring our Stanford Children's Health level of extraordinary care to our multiple specialty service locations, pediatric practices and partner hospital locations across the entire San Francisco Bay Area. Which means that a Stanford Children's Health physician is easy to access, closer to home. From routine check-ups and specialized procedures to advanced treatment and critical care, Stanford Children's Health has never been easier to access.

Our Backbone



We are the pediatric teaching hospital of Stanford University School of Medicine, the West Coast's first medical school and one of the top-ranked academic medical institutions in the world. Stanford University School of Medicine is a worldwide leader in patient care, education, research and innovation. Stanford University is home to 20 living Nobel laureates and Lucile Packard Children's Hospital Stanford is proud to provide access to some of the best minds in medicine, science and innovation.

Our Advocates



The Lucile Packard Foundation for Children's Health works in alignment with Lucile Packard Children's Hospital Stanford and the child health programs of Stanford University. The foundation's mission is to elevate the priority of children's health, and increase the quality and accessibility of children's health care through leadership and direct investment. The Lucile Packard Foundation for Children's Health works to improve the health and well-being of children and expectant mothers by fundraising on behalf of Lucile Packard Children's Hospital Stanford and child health programs at Stanford School of Medicine.

Together, everyone in our organization shares a passion and commitment to improving the health of the community.

Our History: Celebrating a history of excellence beginning with one mom's vision

In 1986, David and Lucile Packard generously donated \$40 million to construct a new children's hospital devoted to the care of children and expectant mothers. The hospital opened in 1991 and was named in memory of our visionary, Lucile Salter Packard. Today, Stanford Children's Health honors her vision through our dedication in delivering innovative services and unparalleled family-centered care.

1919

Our beginning

Stanford Home for Convalescent Children is founded to provide a place for children with chronic illnesses to receive care.

1959

Stanford University Medical Center opens

Stanford University Medical Center opens a 420-bed facility in Palo Alto, moving from San Francisco. The "Con Home" strengthens its teaching and research ties to the medical center and begins providing care for more seriously ill children.

1969

Children's Hospital at Stanford opens

The \$5 million, 60-bed Children's Hospital at Stanford opens, replacing the Stanford Home for Convalescent Children, and further expanding its roles in teaching and research.

1986

Construction on new children's hospital begins

David and Lucile Packard donate \$40 million to begin construction on a new children's hospital.

1991

Lucile Packard Children's Hospital at Stanford officially opens its doors to the community

Packard Children's is one of the only children's hospitals in the country to incorporate labor and delivery and newborn nurseries, setting us up to become a national leader in neonatology research and care.

2014

Stanford Children's Health network expands

With Lucile Packard Children's Hospital Stanford at our core, Stanford Children's Health brings world-renowned Stanford expertise and innovation to our specialty service locations, general pediatric practices and partnerships with community hospitals across the entire San Francisco Bay Area.

2017

Our future—expanding the medical campus

The debut of America's most technologically advanced, family-friendly and environmentally sustainable hospital for children and pregnant women will open.

Patient Care Highlights 2016

At Lucile Packard Children's Hospital Stanford we strive to provide the best, most nurturing care possible for every patient. This requires both top-ranked clinical care and a stellar hospital experience. Providing extraordinary family-centered care is the ultimate goal of everything our doctors, nurses and specialized support do every day.



Centers of Excellence

We provide care in more than 150 medical specialties, many of which are part of our six centers of excellence. We also care for patients and the community at multiple medical and surgery subspecialty centers throughout the Bay Area.

Bass Cancer Center



Our Stanford Medicine physicians and researchers make discoveries that influence and inspire treatments, at home and around the world.

Brain & Behavior Center (Psychiatry/Neuro)



We are one of the fastest growing neurology centers in the United States. Our researchers are known for investigating the rarest of childhood neurological cancers.

CF & Pulmonary Disease Center



#1 in California, the best on the West Coast and the only Northern California children's hospital that performs lung transplants.

Heart Center



#1 children's heart center on the West Coast and home to the only pediatric heart transplant program in Northern California.

Johnson Center (OB/Neonatology)



Our physicians provide innovative, extraordinary care for expectant mothers and newborns, and conduct world-leading research.

Transplant & Tissue Engineering



We lead the nation in volume of pediatric transplants performed with exceptional outcomes. Over the last 25 years, we have performed more than 1,600 transplants.

Medical and Surgery Subspecialty Centers



Our subspecialty centers include allergy, dermatology, fertility and reproductive health, orthopedics, and 150+ other programs and services.

We'd like to sincerely thank the members of Community Benefit Advisory Council:

Janine Bruce	Stanford Pediatric Advocacy Program
Laura Brunetto	Santa Clara County Public Health
Leslie Bulbuk	Office of Assemblyman Rich Gordon
Dana Bunnett	Kids in Common
Anand Chabra, MD	San Mateo County Health System
Jessica Chiu	Ravenswood Family Health Center
Anne Ehresman	Project Cornerstone
Alexandria Felton	Silicon Valley Leadership Group
Patricia Gardner	Silicon Valley Council of Nonprofits
Tyler Haskell	Office of Supervisor Joe Simitian
Brooke Heymach	Legal Aid Society of San Mateo County
Carol Marks	Office of Supervisor Warren Slocum
Lee Pfab	Palo Alto Family YMCA
Jasan Zimmerman	Lucile Packard Foundation for Children's Health

About Community Benefit

Community Benefit Defined

Since our founding, providing exceptional care has been part of the vision and mission of Lucile Packard Children’s Hospital Stanford. As part of that commitment, we provide direct services to some of our communities’ most vulnerable members and we partner with government and local community-based organizations on programs and funding. The following program guidelines drive our community work:

- Meaningful and sustainable community investment
- Services that meet the needs of vulnerable populations
- Partnering to build stronger, healthier communities
- Continued advocacy for children’s health issues

We’re proud to be part of the safety net that provides care to our community’s most vulnerable and include those efforts in our Community Benefit valuation under the categories of undercompensated costs of medical care and charity care costs.

To read more about our financial assistance programs please visit financialassistance.stanfordchildrens.org.

Community Health Needs Assessment

From pioneering treatments to innovative care, Lucile Packard Children’s Hospital Stanford takes pride in providing excellence in all we do—including our Community Benefit work. To that end, we embark on an exhaustive Community Health Needs Assessment every three years in order to be as responsive to our community’s health needs as possible.

Through the Community Health Needs Assessment process we consult closely with the communities we serve and with local leaders to determine the health needs of our community through a rigorous public health research process. The CHNA combines both primary and secondary data along with feedback from community members to inform our Community Health Initiatives and ultimately leads to decisions on how to best use our human and financial resources to improve the health of our community.

Our three CHNA directed health priorities for 2013 – 2016 were:

1. Improve access to primary health care and services
2. Prevent and treat pediatric obesity
3. Improve the social, emotional and mental health of children and youth

Community Benefit Implementation Strategy

California Senate Bill 697 (1994), and the Affordable Care Act, mandate that nonprofit hospitals report on their strategies to improve community health. Both this report, and our triennial federal Implementation Strategy Report, provide an opportunity for Lucile Packard Children’s Hospital Stanford to outline our Community Health Needs Assessment (CHNA)-directed strategies as well as our efforts over the past year.

Our latest and most up-to-date reports can be viewed at: communitybenefits.stanfordchildrens.org.

Community Benefit Oversight

The Lucile Packard Children’s Hospital Stanford Board of Directors reviews and approves Community Benefit programs, activities and funding. Our Community Benefit Advisory Council, comprised of local community leaders, advises Community Benefit staff throughout the year.

This report was approved by the full Board of Directors on February 2, 2017.

Community Investment

Our Community

Lucile Packard Children's Hospital Stanford is located on the Stanford University campus in the heart of Silicon Valley. Our growing Stanford Children's Health network reaches far beyond the hospital walls throughout the San Francisco Bay Area and the greater Pacific Northwest. As our organization grows we are committed to expanding and deepening our Community Benefit programs and services. Our focus is on providing exceptional Community Benefit to all the communities we touch, be that in our primary hospital service area, or in our growing network service area. Maintaining and improving community health in every community we touch is paramount to our organization's vision and mission.

Meeting the Needs of Vulnerable Populations

Our Community Benefit work is focused on reaching two of the most vulnerable populations in our service area—underserved children and pregnant women. Despite being one of the wealthiest regions in the country there is incredible need for both health care and social services in our region.

The U.S. Census Bureau estimates that in 2014, the median income for San Mateo County residents was \$91,421. While this median income is the third highest in California, one in 10 children aged 18 and younger live below the Federal Poverty Level (FPL), and 8 percent of all of San Mateo County individuals live below the FPL. Furthermore, there are race/ethnic disparities in the percentage of children living below 100 percent of FPL. Black and Latino children in both San Mateo County and Santa Clara County are almost five times more likely than white children to live in poverty. However, because FPL does not take into consideration local conditions such as cost of living, agencies use other measures of economic security to provide a more realistic measure of poverty. According to the 2014 Family Self-Sufficiency Standard (FSSS), a single parent with two children living in San Mateo County must earn approximately \$97,200 annually to meet the family's basic needs, the equivalent of five full-time minimum-wage jobs.

The Santa Clara County median income in 2014 was \$93,854—the highest in California. However, like San Mateo County, one in 10 Santa Clara County children and 14 percent of adults were living below FPL in 2014. In addition, more Hispanic/Latino and black/African-American children are living in poverty compared with children of other racial or ethnic groups and the county overall. In Santa Clara County, a single parent with two children must earn approximately \$90,700 annually to meet the family's basic needs, the equivalent of four full-time Santa Clara County minimum-wage jobs.

Whether through funding insurance premiums for uninsured kids or providing free school lunch for children and their families, Lucile Packard Children's Hospital Stanford is dedicated to meeting the needs of these vulnerable populations through our Community Health Improvement grants.

Community Health Improvement Grants

Lucile Packard Children's Hospital Stanford believes that meaningful community investment is vital to accomplishing our Community Benefit goal of ensuring healthy, happy communities. That's why we make ongoing, targeted Community Health Improvement grants to a diverse set of community-based organizations and government programs seeking to improve the health of the community. Our grant priorities stem from our CHNA-derived Improvement Initiative and are guided by our commitment to caring for the health of the entire community we serve.

Our FY2016 Community Health Improvement grant recipients were:

- Challenge Success
- Eating Disorders Resource Center
- Gardner Packard Children's Health Center
- Go for Health/5210+
- Healthcare Alliance for Response to Adolescent Depression (HEARD)
- Health Improvement Partnership of Santa Cruz
- Mayview Community Health Center
- Pediatric Weight Control Program
- Peer Health Exchange
- Project Cornerstone
- Puente
- The Mental Health Dissemination and Innovation Initiative
- San Mateo County Health System
- Ravenswood Family Health Center
- San Mateo & Santa Clara Community Benefit Coalitions
- Stanford Pediatric Advocacy Program
- YMCA of Silicon Valley—Reach & Rise



Community Health Initiatives

Lucile Packard Children's Hospital Stanford conducted a Community Health Needs Assessment between September 2012 and January 2013 in San Mateo and Santa Clara counties in partnership with other hospitals and health care providers. The 2013 CHNA relied on extensive health indicator data, interviews with key informant community leaders, and focus groups with community residents to produce a list of community health needs. Lucile Packard Children's Hospital Stanford prioritized three health needs for the 2013 – 2016 period.

Initiative 1:

Improve access to primary health care services

Strategy

Build capacity by funding community clinics and county health insurance premiums.

Initiative 2:

Prevent and treat pediatric obesity

Strategy

Address the social determinants of healthy weight through funding for pediatric weight control program, school and community based education campaigns, and advocacy.

Initiative 3:

Improve the social, emotional and mental health of children and youth

Strategy

Address the proven link between poor social, emotional and mental health by partnering with health care providers, mental health professionals, local schools and community agencies.

Community Health Initiative 1: Improve primary health care services for children, teens and pregnant women

Overview

Our most recent Community Health Needs Assessment identified and prioritized health care access and delivery as one of three primary community health needs in San Mateo County and Santa Clara County.

The strategies outlined below will guide our 2017 Community Benefit work.

FY17 Strategy	Proposed Actions
Direct provision of care to vulnerable patients	<ul style="list-style-type: none"> • Provide uncompensated Medi-Cal care • Provide charity care
Increase the availability of health care services for vulnerable children	<ul style="list-style-type: none"> • Provide funding for community-based Federally Qualified Health Clinics • Provide funding for health care services for residents on the San Mateo County coast
Address the socio-economic barriers that prevent vulnerable children from receiving health care	<ul style="list-style-type: none"> • Provide funding for Packard Mobile Adolescent Teen Van • Fund transportation services for children to receive care at hospitals and clinics • Provide funding for Family Advocacy Program
Ensure a future supply of health care providers	<ul style="list-style-type: none"> • Train health care professionals
Address the systemic/institutional barriers to access	<ul style="list-style-type: none"> • Provide advocacy (all levels)

This community health need includes indicators such as access to health care (e.g., insurance coverage and routine checkups) and medical homes. Access to comprehensive, quality health care is important for overall health and for improving the quality of life for every resident. According to the National Center for Medical Home Implementation (NCMHI), providing quality, accessible and affordable health care to children is critical to maintaining good physical health. The American Academy of Pediatrics defines health care within a medical home as a model of delivering primary care that is accessible, continuous, comprehensive, family centered, coordinated, compassionate and culturally effective. The patient and his or her family is the focal point of this model, and the medical home is built around this focus. Furthermore, when children have proper access to health care, health insurance and a medical home they are far more likely to receive both preventive care and acute care. Data show that these children miss less school and that their families are at less financial risk from unpaid medical bills.

Statistical Data that Support the Community Health Need

Health care access and delivery was found to be a priority community health need in San Mateo County and Santa Clara County. Only 75 percent of children between the ages of 3 and 6 who were enrolled in Medi-Cal Managed Care had well-child visits.

Strategy

Overview: Improve access to primary health care services for children and youth ages 0 – 25, and for pregnant women through support of community health clinics, through funding of health programs and by addressing barriers to care. Interventions will include improved care coordination between health care organizations and systems as well as sustainable adoption and implementation of the medical home model.

Anticipated Impact	FY17 Programs & Partners
<ul style="list-style-type: none"> Increased number of children and expectant moms served 	Hospital-based
<ul style="list-style-type: none"> Increased number of children and expectant moms served Increased care coordination 	Community-based: <ul style="list-style-type: none"> Fair Oaks Community Health Center MayView Community Health Center Puente Ravenswood Family Health Center Santa Cruz Community Clinics
<ul style="list-style-type: none"> Increased number of children and youth served 	Hospital-based Community-based: <ul style="list-style-type: none"> Legal Aid Society of San Mateo County Jacob’s Heart El Camino Hospital
<ul style="list-style-type: none"> Increased number of qualified providers in the community focused on community-based practices Standard of care raised 	Hospital-based
<ul style="list-style-type: none"> System-wide health care improvements for children and families 	Hospital-based



Programs

In FY16 Lucile Packard Children's Hospital Stanford supported the following programs with financial support.

Care-A-Van for Kids

Care-A-Van for Kids is a no-cost transportation service for low-income children and families receiving medical treatment at Lucile Packard Children's Hospital Stanford with no reliable means of transportation. Care-a-Van for Kids collaborates with community transportation programs to expand access to low-income patients from a far distance and even out-of-state families.

Total investment: \$242,512

Individuals served: 525

Gardner Packard Children's Health Center

Gardner Packard Children's Health Center, a Federally Qualified Health Center, has lowered health care costs and increased access to health care services for uninsured and underinsured children in our primary service area. The Gardner Packard Health Center is part of our ongoing efforts to increase access to care for our patients and the community.

Services provided include: general pediatric care; comprehensive treatment including immunizations, complete physical exams, acute illness and injury care; health education; social services assessment and assistance; mental health counseling; nutrition counseling and more.

Total investment: \$425,000

Individuals served: 10,733

MayView Community Health Center

MayView Community Health Center, a Federally Qualified Health Center, operates three clinics in the cities of Palo Alto, Mountain View and Sunnyvale with a mission to provide high-quality primary health care to low-income people from all cultural and ethnic backgrounds, regardless of ability to pay. MayView is an essential part of the health care safety net and a medical home for the uninsured in our community. With more than 20,000 visits per year from over 6,000 patients, MayView serves low-income families and individuals who live and work in the northern part of Santa Clara County. Lucile Packard Children's Hospital Stanford partners with MayView to provide prenatal and pediatric care to low-income and uninsured patients.

Total investment: \$50,000

Individuals served: 5,723



Mobile Adolescent Health Services: Teen Van

Stanford Children's Health provides expert care for our community's high-risk kids and young adults ages 10 to 25 through the Mobile Adolescent Health Services program. The multidisciplinary staff of this program provide custom-designed care for those who rely exclusively on the Teen Van as their only link to a network of services and knowledge they urgently need. All services and medications are provided free of charge to the patients.

Services include: acute illness and injury care, physical exams, family planning services, pregnancy testing, HIV and STD testing, counseling and treatment, immunizations, mental health services, nutrition counseling, and more.

To learn more and view the Teen Van's locations and schedule, visit teenvan.stanfordchildrens.org.

Total investment: \$708,502

Individuals served: 312

Peninsula Family Advocacy Program

The Legal Aid Society of San Mateo County's Peninsula Family Advocacy Program (FAP) strives to improve the health and welfare of pregnant women, low-income children and their families. FAP provides no-cost legal representation, advocacy and education to help address underlying causes of poor health among low-income children receiving care in our primary service area. FAP assists community members with medical insurance and financial issues, housing problems, enrolling in public benefits, domestic violence and enrolling in educational programs, and it provides assistance for teen parents and family caregivers.

Total investment: \$80,000

Individuals served: 8,695

Puente

As the region's only community resource center, Puente serves the San Mateo County South Coast communities of Pescadero, La Honda, Loma Mar and San Gregorio. Puente advocates for its community and leverages resources that foster economic prosperity and security as well as promote individual and community health and wellness. In fiscal year 2016, Lucile Packard Children's Hospital Stanford partnered with Puente to increase access to primary health care services in the South Coast region.

Total investment: \$60,000

Individuals served: 1,577

Ravenswood Family Health Center

Our long-standing partnership with Ravenswood Family Health Center, a Federally Qualified Health Center, spans multiple services, including pediatric medical and dental visits. By leveraging our financial support and human capital, Ravenswood Family Health Center has been able to expand its culturally competent pediatric services and build capacity for uninsured or underinsured children and mothers in our community.

Total investment: \$400,000

Individuals served: 14,300

In Depth: Gardner Packard Children's Health Center



GARDNER

Packard Children's
Health Center



Lucile Packard
Children's Hospital
Stanford

At Lucile Packard Children's Hospital Stanford we're committed to ensuring that every child and his or her family families have access to all the necessary programs and services that ensure equal opportunity to thrive. That's why we are proud to partner with Gardner Family Health Network to expand access to primary health care services.

Gardner Packard Children's Health Center provides comprehensive care to children from birth through 18 years of age. The Gardner Packard clinic serves as the main continuity-clinic site for house staff from the Stanford University Pediatric Residency Training Program, under direct supervision by faculty from the Division of General Pediatrics. The clinic offers comprehensive pediatric primary care, including preventive care and counseling, management of chronic and special health care needs, and same-day acute care. Additional integrated care services include on-site child psychology, child psychiatry, behavioral and developmental pediatrics, adolescent medicine, and dentistry.

In partnership with the Division of General Pediatrics and Lucile Packard Children's Hospital Stanford, the clinic is managed and staffed by Gardner Family Health Network—a Federally Qualified Health Center, serving more than 10,000 families with young children across San Mateo and Santa Clara counties. Physicians at Gardner Packard are deeply committed to addressing poverty through screening and connecting families to community resources.

“It feels like the pediatrician really cares about us, supports us, and is protecting us.”

—Gardner Packard Children's Health Center patient



Community Health Initiative 2: Prevent and treat pediatric obesity

Overview

Our most recent Community Health Needs Assessment identified and prioritized pediatric weight control as one of three primary health needs in San Mateo and Santa Clara counties. This community health need includes indicators such as overweight and obesity, physical activity, diet and nutrition, and breastfeeding. Childhood obesity occurs when a child is well above the normal weight for his or her age and height. Childhood obesity often leads to health problems that were once confined to adults, such as diabetes,

The strategies outlined below will guide our 2017 Community Benefit work.

FY17 Strategy	Proposed Actions
Increase school children’s understanding about the importance of nutrition and exercise	<ul style="list-style-type: none"> • Offer classroom and community-based health curriculum for teachers, students and families
Enable low-income families to access high-quality weight-control programs	<ul style="list-style-type: none"> • Provide financial support for low-income families to attend family-based, clinical weight reduction program
Address the systemic/institutional drivers of obesity	<ul style="list-style-type: none"> • Support state and federal public health initiatives, and advocacy efforts such as Go for Health!

high blood pressure and high cholesterol. It can also lead to poor self-esteem and depression. For children and adolescents, proper nutrition promotes optimal growth and development and is associated with improved cognitive function, reduced school absenteeism and improved mood. Most U.S. youth do not meet the federal recommendations for diet and exercise. Most significantly, a poor diet and lack of regular exercise can lead to adult and childhood obesity, a serious and costly health concern in the United States that often results in some of the leading causes of preventable death.

Statistical Data That Support the Community Health Need
 Pediatric weight control was found to be a priority health need

in San Mateo County and Santa Clara County as illustrated by poor physical fitness among youth and slightly higher rates of obesity among children compared with state averages. Additionally, community members expressed concerns regarding barriers to physical activity and healthy eating.

Strategy

Overview: Reduce the prevalence and severity of overweight and obese children by addressing the social determinants of health, as well as offering evidence-based clinical treatment programs to children and families of the community, and by engaging in advocacy efforts.

Anticipated Impact	FY17 Programs & Partners
<ul style="list-style-type: none"> • Increased number of children who receive information around healthy lifestyle choices • Improved student behaviors related to nutrition and exercise 	Community-based: <ul style="list-style-type: none"> • 5210+ • Go for Health!
<ul style="list-style-type: none"> • Increased participation and completion in weight control programs • Improved weight management of participants • Decreased body mass index 	Hospital-based: <ul style="list-style-type: none"> • Pediatric Weight Control Program
<ul style="list-style-type: none"> • Increased community focus on healthy lifestyle choices • Improvements in the built environment • Decrease in food deserts, etc. 	Hospital-based



Programs

In FY16 Lucile Packard Children’s Hospital Stanford supported the following programs with financial support.

5210+

Based on an acclaimed national program, 5210+ seeks to help improve the health of children and their families using a social marketing message to encourage children to eat fruits and vegetables, participate in active play, reduce screen time, and eliminate consumption of sugary beverages. Research shows the importance of consistent messaging where kids and families live, learn, work and play. 5210+ partners with doctors, teachers, child care providers and community organizations to share healthy habits every day.

Go for Health!

The Go for Health! program is embarking on a journey toward collectively addressing health issues that do not discriminate, while honoring the rich diversity that makes up our communities by working collaboratively to address the epidemic of childhood obesity. The Go for Health! collaborative is focused on reducing obesity by 10 percent by 2020 through policy and environmental change, education and awareness, and leadership development.

Total investment across both 5210+ and Go for Health!: \$55,000

Individuals served: 462

Pediatric Weight Control Program

A nationally recognized, evidence-based initiative, the Lucile Packard Children’s Hospital Stanford Pediatric Weight Control Program is a family-focused, 26-week behavior modification program for overweight children and their families. Insurance plans do not yet reimburse for weight management programs so families must pay out of pocket. In response to this, Lucile Packard Children’s Hospital Stanford has established a process for families to apply for partial or full financial support based on need. The program is highly successful with over 97 percent of children completing the entire program. Eighty-nine percent of children and 84 percent of their parents saw a significant reduction in weight.

Total investment: \$252,578

Individuals served: 79



In Depth: Pediatric Weight Control Program



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Children's Hospital
Stanford

At Lucile Packard Children's Hospital Stanford we're committed to keeping children and their families healthy and thriving. It's this commitment that drove us to fund the critical work of the Pediatric Weight Control Program.

One out of three children in the United States is overweight. Without intervention, an overweight child has a significant risk of lifetime health conditions such as diabetes, heart problems and chronic liver disease. The Pediatric Weight Control Program has established itself as a proven way to address this epidemic by teaching participants healthy eating and exercise habits through an intensive family-based, group behavioral and educational program.

The Pediatric Weight Control Program has helped children in our local community lose weight and learn how to incorporate healthy habits into their lives. Since 1999, more than 80 percent of participating children and adolescents have achieved age-appropriate weight reduction. In addition, over 70 percent of overweight parents have seen a decrease in their weight and body mass index (BMI) scores.

In 2016, the Pediatric Weight Control Program celebrated its 20th anniversary. What began as a nine-session research study at the Stanford School of Medicine has grown into a six-month, family-based, group behavioral and educational program that teaches lifelong healthy eating and exercise habits for overweight children, adolescents and their families. The program is offered in both English and Spanish.

“This experience was almost the greatest choice I have ever made because I never thought I would lose weight. What I liked most is you make friends who are going through the same thing you are.”

— Pediatric Weight Control Program participant

Community Health Initiative 3: Improve the social, emotional and mental health of children and youth

Overview

Our most recent Community Health Needs Assessment identified and prioritized youth social and emotional health as one of three primary community health needs in San Mateo and Santa Clara counties. This community health need

The strategies outlined below will guide our 2017 Community Benefit work.

FY17 Strategy	Proposed Actions
Provide high-quality mental health services to youth	<ul style="list-style-type: none"> • Continue to provide high-quality services and programs to youth who need them • Provide funding for and participate in community collaboratives addressing mental health issues • Provide funding for suicide prevention resources • Provide funding for ongoing research in collaboration with Stanford School of Medicine
Increase the resiliency of at-risk youth	<ul style="list-style-type: none"> • Provide funding for youth mentoring programs • Provide funding for school-based programs that foster positive youth engagement • Provide funding for school-based programs that build healthy lifestyle choices for youth
Address the systemic/institutional barriers to mental health	<ul style="list-style-type: none"> • Support advocacy efforts
Improve the support structures for youth mental wellness and increase community awareness	<ul style="list-style-type: none"> • Offer community education/free lectures (e.g. maternal depression) • Hold bi-annual youth mental wellness conference • Support Stanford Center for Youth Mental Health and Wellbeing

includes mental health (depression) and suicide. Mental health is a state of successful performance of mental function, resulting in productive activities, fulfilling relationships with other people, and the ability to adapt to change and cope with challenges.

It is essential to personal well-being, to family and interpersonal relationships, and to the ability to contribute to the community or to society. Social and emotional health plays a major role in people’s ability to maintain good physical health. Mental illnesses, such as depression and anxiety, affect people’s ability to participate in health promoting behaviors. In turn, problems with physical health, such as chronic diseases, can have a serious impact on mental health and decrease a person’s ability to participate in treatment and recovery.

Statistical Data That Support the Community Health Need

Youth social and emotional health was found to be a priority community health need in both San Mateo County and Santa

Clara County. In San Mateo County, middle and high school students were more likely to report depressive symptoms than the statewide average. In both counties, more than 10 percent of high school students reported that they seriously considered suicide. Community members expressed concerns about well-being (especially stress) and the need for more education for providers, youth and parents on mental health. In Santa Clara County specifically, there have been numerous clusters of youth suicides over the past five years.

Strategy

Overview: Partner with and link health care providers with mental health providers, school professionals and community agencies to improve the emotional and social well-being of children and youth ages 0 – 25.

Anticipated Impact	FY17 Programs & Partners
<ul style="list-style-type: none"> • Increased access to mental health treatment • Improved emotional functioning and wellness • Enhanced treatment practices 	<p>Hospital-based:</p> <ul style="list-style-type: none"> • Stanford School of Medicine <p>Community-based:</p> <ul style="list-style-type: none"> • Project Safety Net • HEARD Alliance • Children’s Health Council • Mills-Peninsula Hospital • El Camino Hospital
<ul style="list-style-type: none"> • Increased access to mentors • Youth linked to community resources • Increased positive youth development 	<p>Community-based:</p> <ul style="list-style-type: none"> • Challenge Success • Peer Health Exchange • Project Cornerstone • YMCA Reach & Rise
<ul style="list-style-type: none"> • Increased access to mental health services 	<p>Hospital-based</p>
<ul style="list-style-type: none"> • Reduced mental health stigma • Increased number of education events offered • Expanded collaboration among community stakeholders • Increased linkages to mental health treatment resources 	<p>Hospital-based:</p> <ul style="list-style-type: none"> • Stanford School of Medicine



Programs

In FY2016 Lucile Packard Children's Hospital Stanford supported the following programs with financial support.

Challenge Success

Challenge Success partners with over 130 middle and high schools to implement policies and practices that increase academic engagement and well-being for their students. Schools send teams of educators, parents and students to an annual fall conference at Stanford University where they hear the latest research on best practices in education and learn from each other how to create effective school reform.

Total investment: \$25,000

Eating Disorder Resource Center (EDRC)

Eating Disorders Resource Center (EDRC) works to increase awareness and understanding of eating disorders for the general public and for health professionals. EDRC seeks to promote early diagnosis, effective treatment and recovery; and to advocate for mental health parity legislation and effective insurance coverage.

Total investment: \$20,000

Hospital Educational Advocacy Liaisons (HEAL)

Children who have survived or are continuing to battle a chronic illness may have to deal with the cognitive effects of their illness and treatment. Returning to some semblance of "normal" is critical for a child's optimal adjustment. An important part of "normal" life for children is continuing their education, whether through homebound teaching or attending school. Unfortunately, parents and children often face new obstacles when a child returns to school. We created the HEAL program staffed by educational professionals to help address a child's educational care. HEAL helps medically fragile children experience success in learning despite limitations imposed by their illness by educating students, parents and school staff about the unique cognitive and social and emotional needs of medically fragile children and their impact on school success.

Total investment: \$282,391

The Mental Health Dissemination and Innovation Initiative

Mental Health Dissemination and Innovation Initiative's activities focus on research into biological and sociological risk factors for stress vulnerability aiming to prevent the outcomes of traumatic events in young children and adolescents, and to mitigate these effects in youth already experiencing functional impairment. The initiative develops and disseminates innovative treatments and interventions for youth with a focus on community engagement.

Total investment: \$160,000

Project Cornerstone

An initiative of the YMCA of Silicon Valley, Project Cornerstone helps children and teens thrive by building positive values, promoting meaningful relationships, and teaching skills and experiences that lead to a successful future. Project Cornerstone partners with schools and communities to create positive and caring environments for social and emotional development through trainings for faculty, students, parents and community members. In addition to grant funding, Lucile Packard Children's Hospital Stanford provides support to the Project Cornerstone Advisory Board.

Total investment: \$25,000

Individuals served: 10,376

Project Safety Net & Health Care Alliance for Response to Adolescent Depression (HEARD)

Born out of the 2009 teen suicide cluster in Palo Alto, both of these community efforts seek to increase the emotional and social well-being of youth.

The Project Safety Net collaborative formed to develop and implement an effective, comprehensive, community-based mental health plan for youth well-being in Palo Alto. Focusing on education, prevention and intervention, the collaborative is designed to increase help-seeking behaviors and build connections between peers and caring adults that provide a safety net for youth in the community.

Like Project Safety Net, the HEARD Alliance was formed as a response to social and emotional challenges facing youth in the Palo Alto community. The HEARD Alliance is comprised of child psychiatrists, nonprofit agencies and school psychologists working to prevent crisis situations and intervene when they may arise. The alliance works to increase awareness of mental disorders, decrease the stigma surrounding them and increase access to treatment.

Community partners: City of Palo Alto, Palo Alto Unified School District, Palo Alto PTA, Adolescent Counseling Services, Youth Community Service, Palo Alto Medical Foundation, Developmental Assets Coalition, Palo Alto Family YMCA, and the Stanford University Department of Psychiatry.

Total investment: \$141,850

Reach & Rise

A project of the YMCA, Reach & Rise is a national one-to-one mentoring program determined to move youth from risk to resiliency. The program helps build a better future for youth by matching them with an adult mentor for one year. Free of cost to families, trained mentors work to understand cultural and social development, mental health issues and risk factors, and offer ways to communicate and relate to youth. The goal of the program is to help youth gain positive, consistent and nurturing relationships with adults to build self-esteem, improve decision-making skills and school performance, and promote healthy interpersonal relationships.

Total investment: \$25,000

Individuals served: 202

Suspected Child Abuse and Neglect Team (SCAN)

Designed to recognize, respond to and manage cases of abusive injury or harm caused by physical violence, sexual violence or neglect, the SCAN team consults on suspected child abuse cases, meets regularly to review Child Protective Services cases, and provides both inpatient and outpatient consultation services. The SCAN team regularly disseminates abuse prevention materials and trains medical providers on how to prevent, recognize and report cases of abuse.

Total investment: \$133,950



In Depth: Project Safety Net & HEARD Alliance



Lucile Packard
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Stanford



At Lucile Packard Children's Hospital Stanford we are committed to improving the social and emotional health of youth and adolescents. Two initiatives led by Dr. Shashank Joshi, associate professor of Child & Adolescent Psychiatry and Child Development, are working hard to do just that.

Project Safety Net (PSN) is a collaborative community network held together by a common interest of fostering youth well-being in Palo Alto. The network's mission has been to develop and implement a community-based mental health plan that includes education, prevention and intervention strategies that together provide a "safety net" for youth in Palo Alto, and defines our community's teen suicide prevention efforts.

An important component of PSN is the HEARD Alliance (Health Care Alliance Response to Adolescent Depression), which is a community alliance of health care professionals, including primary care and mental health providers working in various settings, such as clinics, hospitals, private practices, schools, government and private organizations. The HEARD Alliance's mission is to increase collaboration among primary care, mental health and educational professionals; to enhance the community's ability to promote well-being; to treat depression and related conditions; and to prevent suicide in adolescents and young adults. The website (heardalliance.org) is designed to provide youth, families, educators and clinicians information about mental health resources and to disseminate best practices in suicide prevention.

The HEARD Alliance has been especially focused on suicide prevention in schools and in empowering primary care providers to better screen for and treat teen depression in primary care. Lucile Packard Children's Hospital Stanford faculty in the HEARD Alliance have been actively conducting suicide prevention activities and research into the barriers and opportunities for help-seeking among a culturally diverse community of distressed youth. Since 2011, the Lucile Packard Children's Hospital Stanford school-based sites and clinics have experienced a dramatic increase in referrals made by peers to get help for their friends in distress. In 2016, over 5,700 students were involved in evidence-based, peer-led suicide prevention activities in three school districts. Statistically significant findings across our community sites indicate that teens are more able to name trusted adults they would go to when seeking help for themselves or for peers. The result has been a much earlier sense of urgency to seek help for a friend, and numerous teen lives have been saved because a peer acted on a friend's behalf.

“One of the main reasons we partner with schools, providing mental health services and conducting research, is because we believe that mental health (brain health) is part of overall health. School districts have looked to professionals at Lucile Packard Children's Hospital Stanford to inform school communities of best practices in wellness promotion and social-emotional learning to help ensure that children and teens are healthy enough to learn.”

— Dr. Shashank Joshi



Other FY2016 Community Benefit Activities

In the Community: Programs that benefit the broader community

Community Health Education

Our commitment to family wellness and preventive care is demonstrated through our health education classes, child safety programs and community lectures held at the hospital and throughout the Bay Area. We offer programs and classes to enhance the lives of parents and children. Our Start Strong series focuses on pregnancy, childbirth, and newborn and maternal care, while Your Child's Health University offers classes designed for parents and their children through adolescence.

Learn more at classes.stanfordchildrens.org.

Total investment: \$28,076 in free or subsidized classes

Individuals served: 2,622

Emergency Preparedness

Lucile Packard Children's Hospital Stanford and Stanford Health Care play a critical role in disaster preparedness in our community. Our shared Office of Emergency Management collaborates with local governments, other regional hospitals, emergency medical services providers and others to respond to and mitigate catastrophic events such as pandemic flu, earthquakes and other disasters. Our Office of Emergency Management provides critical supplies and emergency medical equipment in the case of an emergency.

Total investment: \$8,297

Marguerite Shuttle

As part of our commitment to the community, Lucile Packard Children's Hospital Stanford provides support to Stanford University's Marguerite shuttle service with the aim of providing access to transportation to individuals in our community who otherwise would lack access and to alleviate the negative effects of congestion. Marguerite provides public shuttle service around the Stanford University campus and connects to nearby transit, shopping, dining and entertainment centers.

Total investment: \$1,365,595

Keeping Kids Safe: Programs that link families to safety education resources

Safe Kids Coalition

As a leader in children's health in our community, Lucile Packard Children's Hospital Stanford is the host agency for the local coalition Safe Kids San Mateo/Santa Clara County. Lucile Packard Children's Hospital Stanford provides the coalition coordination and the meeting site. This coalition consists of parents, law enforcement professionals, health professionals, firefighters, business leaders and others working to reduce the number of unintentional injuries to children in our community by providing prevention education, activities and events.

The Safely Home Car Seat Fitting Program

With four out of five child safety seats used incorrectly, inspections by a certified technician are vital to keeping our kids safe. Lucile Packard Children's Hospital Stanford offers a child passenger fitting station for patient families as well as for the community throughout the year.

Certified technicians offer the following assistance to parents and caregivers:

- Ensure that the child safety seat purchased by the family has not been recalled

- Advise how to choose an age-, height- and weight-appropriate child safety seat
- Instruct and demonstrate how to install and use the appropriate child safety seat in the vehicle
- Instruct and demonstrate how to correctly place a child in the appropriate child safety seat
- Answer any questions parents or caregivers may have regarding child safety seat installation

Child Safety Outreach Program

Lucile Packard Children’s Hospital Stanford is dedicated to preventing injuries in children. With ongoing support from Kohl’s, the program plays a key role in reducing harm to Bay Area children. Our bilingual staff provide car, bike and pedestrian safety education at health fairs and community events across the region.

Buckle Up for Life Program

In collaboration with Toyota and Cincinnati Children’s Hospital, Lucile Packard Children’s Hospital Stanford offers a community-based passenger safety education program that educates the entire family on critical safety behaviors and provides free child car seats to families in need. To deliver the education in the most effective manner, we work in close collaboration with local hospital faith-based organizations and family-serving organizations.

Total investment in all Keeping Kids Safe programs: \$137,790

Advocacy and Outreach: A voice for children and families

Advocacy for Children’s Health

As part of our mission, Lucile Packard Children’s Hospital Stanford advocates on behalf of children, teens and pregnant women before governmental bodies to ensure that all children and their families have access to quality care. Our advocacy includes educating the community and policy leaders on the health needs of children and pregnant women, being involved in legislation that affects children’s health, and working with physicians as they advocate for their patients and families.

Total investment: \$226,207

Lucile Packard Children’s Hospital Stanford Leadership on Boards and Committees

Members of our leadership team and faculty play a pivotal role across the nation with nonprofit groups. Some of the organizations are listed below:

- Abilities United
- Health Plan of San Mateo
- Health Improvement Partnership—Santa Cruz
- Jacob’s Heart Children’s Cancer Support Services
- Kids in Common
- March of Dimes
- National Collaborative on Childhood Obesity Research
- Project Cornerstone
- Ravenswood Family Health Center
- Ronald McDonald House
- Santa Clara Family Health Plan
- Santa Cruz County Community Assessment Project
- San Mateo County Health System—Nurse Family Partnership

The Santa Clara County Children's Agenda

Lucile Packard Children's Hospital Stanford is an active supporter of the Kids in Common Children's Agenda. The Children's Agenda, a project of Planned Parenthood of Mar Monte, provides a common framework to ensure every child is safe, healthy, successful in learning and successful in life. A member of our faculty serves as co-chair and sits on the vision council.

The Children's Agenda goals are to ensure:

- Children are physically, socially and emotionally healthy
- Children are prepared for and are successful in school
- Children live in safe and stable homes and communities

Project SEARCH

In 2012, Lucile Packard Children's Hospital Stanford, through a partnership with Palo Alto Unified School District, began to participate in Project SEARCH to help young adults with developmental disabilities find jobs and internships in order to build their careers. Participants work with our hospital for one year with the goal of gaining hands-on experience and training. Participants gain real experience in several departments including: human resources, housekeeping, patient financial services, respiratory services, the gift shop, food services and patient access services. Project SEARCH interns complete their rotations with the goals of working 80 percent independently and learning valuable career skills that will be useful in their search for full-time employment.

Community Partners: Palo Alto Unified School District, Hope Services

Total investment: \$137,347

Chambers of Commerce, Regional Economic Development Associations and Service Clubs

As part of our ongoing advocacy efforts and as a major regional employer, leaders at Lucile Packard Children's Hospital Stanford play an active role in the following local and regional organizations working to build economic vitality and insure improvements in the social determinants of health for all residents:

- Chambers of commerce: Palo Alto, Menlo Park, Redwood City, Mountain View, Sunnyvale, Los Altos, San Jose/Silicon Valley, Santa Cruz, Capitola, Berkeley, Fremont and Walnut Creek
- Regional economic development associations: Silicon Valley Leadership Group, Joint Venture Silicon Valley, San Mateo County Economic Development Association, Innovation Tri-Valley Leadership Group, SPUR
- Service clubs: Rotary Club of Palo Alto

Total investment: \$58,008

Nonprofit Sponsorship Support

Another way we show our support for community organizations is by providing valuable financial contributions to their fundraising efforts through sponsorship of events that support their mission and align with our CHNA-derived Community Health Improvement Initiatives. This support allows local nonprofit organizations to leverage our initial funding to raise funds for programs and activities that complement our mission and improve the health of the community.

Total investment: \$191,469

Workforce Development: Programs that train the next generation of health professionals

Residency and Fellowship Training

Lucile Packard Children's Hospital Stanford is one of the top destinations for physician training for students from the Stanford School of Medicine. We provide clinical training for medical students, residents and fellows from the Stanford School of Medicine through our pediatric residency training program.

Our pediatric residency program began more than two decades ago with the goals of training the doctors of the future through a robust and well-rounded program with emphasis on advocacy and community service. During this time, the number of residents and post-resident fellowship opportunities has significantly increased.

We also provide training for students and fellows in nursing, pharmacy, social work, audiology, occupational and physical therapy, and clinical nutrition.

Total investment: \$8,790,139

Residents and fellows: 180

Nurse and Allied Health Professionals Training

Lucile Packard Children's Hospital Stanford is committed to training the many professionals who make exceptional family-centered care possible. This includes nursing students and allied health professionals such as: social work fellows, audiology professionals, pharmacists, clinical nutritionists and others.

Total investment: \$1,865,991

Pediatric Advocacy Program

The Pediatric Advocacy Program at Lucile Packard Children's Hospital Stanford provides pediatric residents with opportunities to:

1. Learn about critical community agencies and resources through the Community Pediatrics and Child Advocacy Rotation
2. Support local community partners in their efforts to address pressing child health needs through the longitudinal Stanford Advocacy Track (StAT)
3. Promote child health and well-being through community-driven systems and policy change

Total investment: \$80,000

Mid-Coastal California Perinatal Outreach Program (MCCPOP)

The Mid-Coastal California Perinatal Outreach Program (MCCPOP), funded in part by the State of California, seeks to improve birth outcomes through education, consultation and collaboration. MCCPOP provides obstetrical and neonatal education to health care providers in San Mateo, Santa Clara, Santa Cruz, San Benito, Monterey and San Luis Obispo counties. MCCPOP advocates for exceptional family-centered care in affiliated hospitals.

MCCPOP is a partnership among the Department of Pediatrics, Division of Neonatal and Developmental Medicine at Stanford University, the Johnson Center for Pregnancy and Newborn Services at Lucile Packard Children's Hospital Stanford, and 25 hospitals in six counties.

Total investment: \$290,091



Adolescent Mental Wellness Conference:

Breaking down stigma, building support for youth mental health



Lucile Packard
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Stanford



Following suicide clusters among adolescents in our community in 2008 – 09 and again in 2014 – 15, mental health experts from Stanford Children's Health, as well as policymakers, clinicians, family members and many concerned community members, came together to discuss how to improve mental-health support for local young people.

Recent concerns about the mental health needs of our young people have been an increasing topic of focus across the Bay Area, the state and the nation. We at Lucile Packard Children's Hospital Stanford and Stanford Medicine decided that it was time to expand the community conversation about mental health support. Too often our teens feel ashamed, unsupported and alone. They do not know where to turn and neither do their families.

The message of the conference was clear: "No one can do this alone." Laura Roberts, MD, MA, chair of Stanford University School of Medicine's Department of Psychiatry and Behavioral Sciences, kicked off the first annual Adolescent Mental Wellness Conference by addressing a diverse crowd of advocates who are passionate about improving access to care and resources for mental health. "We're all in this together," she emphasized.

Throughout the conference, held from August 5 through 6, 2016, at the South San Francisco Conference Center, attendees were charged to work as a team to help break the stigma affiliated with mental health.

Efforts like these are key to improving the social, emotional and mental health of adolescents in our community. The conference brought together hundreds of policy makers, educators, clinicians, teens and their families to discuss, brainstorm and share best practices on how to support mental-health needs of kids and teens.

"We witnessed exciting dialogues between our young people, who have powerful voices and perspectives on the topic of mental wellness, and caring adults from the worlds of policy, health care and education. Together this network has the ability to carry out dramatic change through a central message of breaking down the barriers associated with mental health stigma."

— Steven Adelsheim, MD, director of the Stanford Center for Youth Mental Health and Wellbeing

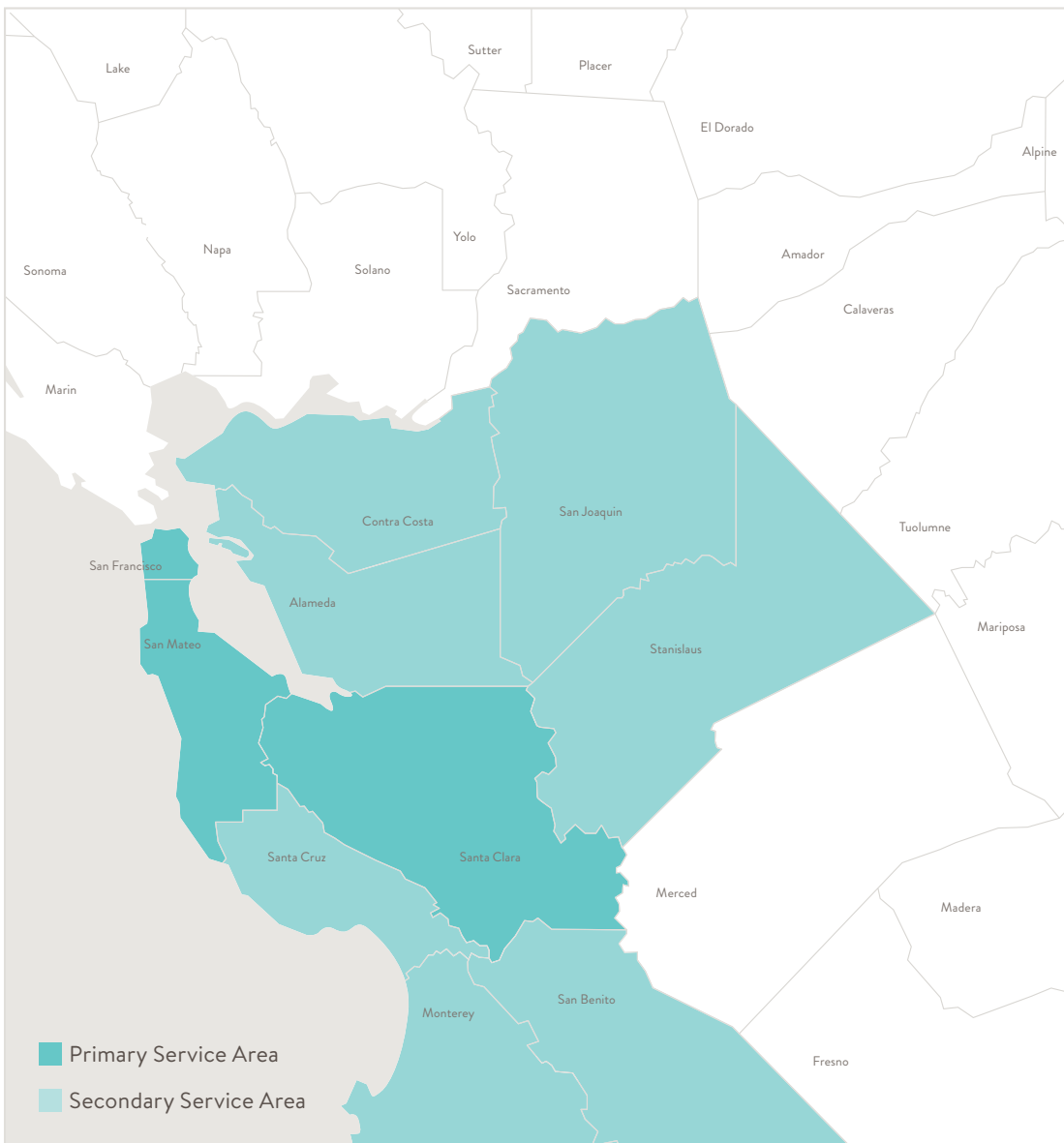
Expanding Care: Closer to Home Than Ever

Stanford Children’s Health is more than an award-winning children’s hospital. We now bring our extraordinary care to pregnant moms, kids and their families in more than 60 locations—spanning critical care, specialty care, and well care—across the Bay Area. In addition to our nationally recognized Lucile Packard Children’s Hospital Stanford, our partnerships mean that families can now see a Stanford doctor in hospitals close to home.

Hospital Partnerships and Affiliations

Stanford Children’s Health has a close relationship with hospitals throughout the Bay Area to support and provide the best pediatric and obstetric care close to where our patients live.

Where We Work: Our Primary and Secondary Service Areas

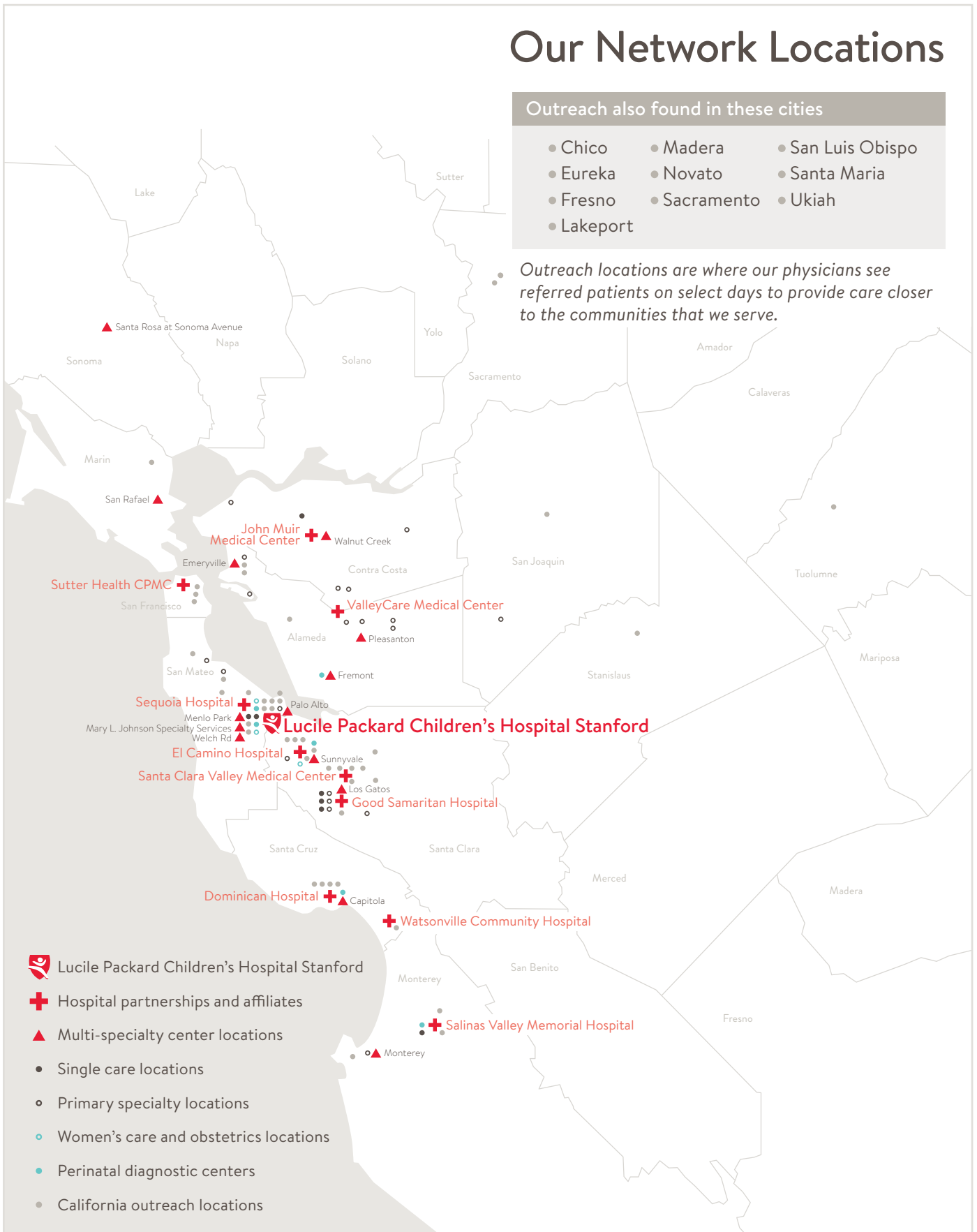





Our Network Locations

Outreach also found in these cities

- Chico
- Madera
- San Luis Obispo
- Eureka
- Novato
- Santa Maria
- Fresno
- Sacramento
- Ukiah
- Lakeport

● *Outreach locations are where our physicians see referred patients on select days to provide care closer to the communities that we serve.*



-  Lucile Packard Children's Hospital Stanford
-  Hospital partnerships and affiliates
-  Multi-specialty center locations
- Single care locations
- Primary specialty locations
- Women's care and obstetrics locations
- Perinatal diagnostic centers
- California outreach locations

Lucile Packard Children’s Hospital Stanford

PALO ALTO Lucile Packard Children’s Hospital Stanford 725 WELCH RD

Multi-specialty center locations ▲

CAPITOLA	Specialty Services – Capitola	824 BAY AVE
EMERYVILLE	Specialty Services – Emeryville	6121 HOLLIS ST
FREMONT	Specialty Services – Fremont	2299 MOWRY AVE
LOS GATOS	Specialty Services – Los Gatos	14601 S BASCOM AVE
MENLO PARK	Specialty Services – Menlo Park	321 MIDDLEFIELD RD
	Gastroenterology	
	Motion Analysis	
	Neurology	
	Neurosurgery	
	Pain Management	
	PANS and PANDAS	
	For new patients, please e-mail: pansinquiries@stanfordchildrens.org	
	For established patients, please e-mail: pansclinic@stanfordchildrens.org	
	Psychiatry, Child and Adolescent	
	Rehabilitation Services	
MONTEREY	Specialty Services – Monterey	1900 GARDEN RD
PALO ALTO	Children’s Services Watson Ct – Palo Alto	2452 WATSON CT
	Audiology	
	Ear, Nose and Throat (ENT)	
	Eyes and Vision	
PALO ALTO	Mary L. Johnson Specialty Services	730 WELCH RD
	Aerodigestive	
	Allergy and Immune Deficiency	
	Audiology	
	Cardiology	
	Cleft and Craniofacial Center	
	Craniosynostosis and Plagiocephaly	
	Dermatology	
	Developmental Pediatrics	
	Ear, Nose, and Throat (ENT), Voice and Swallow Program	
	Gastroenterology, Hepatology, and Nutrition	
	General Surgery	
	Genetics	
	Hand and Upper Limb Surgery	
	Infectious Diseases	
	Intestinal and Liver Transplant	
	Laboratory Services	
	Neurology	
	Neurosurgery	
	Orthopedics	
	Plastic Surgery	
	Radiology	
	Rheumatology	
	Urgent Care	
	Urology	
PALO ALTO	Specialty Services – Welch Rd	770 WELCH RD
	Cystic Fibrosis	
	Dermatology	
	Kidney	
	Kidney Transplant	
	Lung Transplant	
	Obstetrics	
PLEASANTON	Orthopedics – Pleasanton	5000 PLEASANTON AVE
SAN RAFAEL	Specialty Services – San Rafael	4000 CIVIC CENTER DR
	Cardiology, Endocrinology, Gastroenterology	
	Pulmonology	
SANTA ROSA	Specialty Services – Santa Rosa at Sonoma Ave	990 SONOMA AVE
SUNNYVALE	Specialty Services – Sunnyvale	1195 W FREMONT AVE
WALNUT CREEK	Specialty Services – Walnut Creek	106 LA CASA VIA

Single specialty locations ●

LOS GATOS	Los Gatos Orthopedic Clinic	555 KNOWLES DR
LOS GATOS	Pediatric Cardiology Associates – Los Gatos	14651 S BASCOM AVE
LOS GATOS	Pediatric Gastroenterology – Los Gatos	14777 LOS GATOS BLVD, STE 200
PALO ALTO	Child and Adolescent Mental Health	401 QUARRY RD
PALO ALTO	Outpatient MRI Center	732 WELCH RD
PLEASANT HILL	Diablo Valley Child Neurology	400 TAYLOR BLVD
SALINAS	Pediatric Cardiology Associates – Salinas	258 SAN JOSE ST

Primary care locations ○

ALAMEDA	Bayside Medical Group – Alameda	1359 PARK AVE
BERKELEY	Bayside Medical Group – Berkeley	2915 TELEGRAPH AVE
BRENTWOOD	Bayside Medical Group – Brentwood	100 CORTONA WAY
BURLINGAME	Peninsula Pediatric Medical Group – Burlingame	1720 EL CAMINO REAL
LIVERMORE	Bayside Medical Group – Livermore	1134 MURRIETA AVE
LIVERMORE	Livermore Pleasanton San Ramon	1133 E STANLEY BLVD
	Pediatrics – Livermore	
LOS GATOS	South Bascom Pediatrics	15899 LOS GATOS-ALMADEN RD
MENLO PARK	Peninsula Pediatric Medical Group	103 GILBERT AVE
	– Menlo Park <i>Opening 2017</i>	
MONTEREY	Pediatric Group of Monterey	1900 GARDEN RD
MOUNTAIN VIEW	Juvvadi Pediatrics	2204 GRANT RD
PINOLE	Bayside Medical Group – Pinole	2160 APPIAN WAY
PLEASANTON	Bayside Medical Group – Pleasanton	5720 STONERIDGE MALL RD
PLEASANTON	Livermore Pleasanton San Ramon	5575 W LAS POSITAS BLVD
	Pediatrics – Pleasanton	
SAN JOSE	Pediatric Associates – Samaritan Dr	2577 SAMARITAN DR
SAN JOSE	Pediatric Associates – Camden Ave	6475 CAMDEN AVE
SAN JOSE	Silicon Valley Pediatricians	2505 SAMARITAN DR
SAN MATEO	Peninsula Pediatric Medical Group – San Mateo	50 S SAN MATEO DR
SAN RAMON	Bayside Medical Group – San Ramon	5601 NORRIS CANYON RD
SAN RAMON	Livermore Pleasanton San Ramon	11030 BOLLINGER CANYON RD
	Pediatrics – San Ramon	
TRACY	Bayside Medical Group – Tracy	4598 S TRACY BLVD
WALNUT CREEK	Bayside Medical Group – Walnut Creek	1776 YGNACIO VALLEY RD

Perinatal diagnostic centers ●

FREMONT	Perinatal Diagnostic Center – Fremont	2147 MOWRY AVE
MOUNTAIN VIEW	Perinatal Diagnostic Center – Mountain View	2485 HOSPITAL DR
PALO ALTO	Perinatal Diagnostic Center – Palo Alto	300 PASTEUR DR
REDWOOD CITY	Perinatal Diagnostic Center – Redwood City	2900 WHIPPLE AVE
SALINAS	Pediatric Diagnostic Center – Salinas	212 SAN JOSE ST
SANTA CRUZ	Perinatal Diagnostic Center – Santa Cruz	1777 DOMINICAN WAY

Women’s care and obstetrics locations ○

MOUNTAIN VIEW	Altos Oaks Medical Group	2485 HOSPITAL DR
PALO ALTO	Women’s Health – Palo Alto	211 QUARRY RD
REDWOOD CITY	Women’s Care Medical Group	2900 WHIPPLE AVE, STE 135

Hospital partnerships and affiliates +

MOUNTAIN VIEW	El Camino Hospital	2500 GRANT RD
	Packard at El Camino (PEC) Unit	
PLEASANTON	ValleyCare Medical Center	5555 W LAS POSITAS BLVD
REDWOOD CITY	Sequoia Hospital (Special Care Nursery)	170 ALAMEDA DE LAS PULGAS
SALINAS	Salinas Valley Memorial Hospital (NICU)	450 E ROMIE LN
SAN FRANCISCO	Sutter Health CPMC	3700 CALIFORNIA ST
SAN JOSE	Good Samaritan Hospital	2425 SAMARITAN DR
SAN JOSE	Santa Clara Valley Medical Center	751 S BASCOM AVE
SANTA CRUZ	Dominican Hospital	1555 SOQUEL DR
WALNUT CREEK	John Muir Medical Center	1601 YGNACIO VALLEY RD
WATSONVILLE	Watsonville Community Hospital	75 NIELSON ST

725 Welch Rd.
Palo Alto, CA 94304



Lucile Packard
Children's Hospital
Stanford

Find us



jovaughan@stanfordchildrens.org
community.stanfordchildrens.org